



September 9, 2019

Media Release

World Alzheimer's Day-Our Community comes together in Supporting Families

- ✓ Every 3 seconds someone in the world develops dementia
- ✓ Dementia became a trillion-dollar disease in 2018
- ✓ Dementia is the 7th leading cause of death worldwide
- ✓ There is no cure for dementia but there is enlightened care

GEM Day Services, Inc. in collaboration with many organizations of the Outer Banks community supports and provides programming for families and individuals experiencing dementia for over 20 years.

GEM is recognizing World Alzheimer's Month with the following events and programs.

- **Harmony Café** a twice monthly program for people experiencing dementia and their caregivers that includes live music, a craft and lunch provided by the St. Andrew's Women's fellowship on Saturday 9/14/19 at St. Andrews by the Sea at 11am.
- **GEM's Dare County Center Harmony Café** is on September 16th at 1pm
- **World Alzheimer's Month** recognized by Dare County Board of Commissioners with a proclamation submitted by GEM on Monday 9/16/19
- Explore how **Music is a gift to build a Faith Community** with Music Therapist Becky Watson at Outer Banks Presbyterian Church 9/18/19 at 1pm
- **GEM's Meaningful Days** a group respite program that meets every Friday at Kitty Hawk United Methodist Church from 10-3pm

For more information about GEM programs and World Alzheimer's Month contact Gail Sonnesso, executive director of GEM (Gentle Expert Memorycare) Adult Day Services at 252-480-3354 or gsonnesso@gmail.com or visit our webpage: www.gemdayservices.org GEM is a community based non-profit providing enlightened dementia care in Dare County since 1997.

Our Mission "GEM Delivers, Memory Care, Education and Support with Loving Expertise"