



GEMz PROGRAMS



Happy Fall!

October 2021

GEMz (GEM via ZOOM) is intended to be a partnership between the person with memory loss and their care partner, while they work together to utilize the virtual means of communication and interact with one another as well as the group.

Materials for each week are emailed to participants or family members can make other arrangements to receive them by contacting GEM.

Monthly events include:

1st Friday (10/1) **Music w/ Angelo**

2nd Friday - (10/8) **STORY w/Ana**

3rd Friday (10/15) **Chair Exercise w/Ana**

4th Friday (10/22) **Craft w/ Mary Ann & Barbara**

5th Friday (10/29) **BINGO w/Ana**



1st Friday
2-3
Sing-a-long
with
Angelo

2nd Friday

2-3
Let's Tell a
Story w/
Ana



3rd Friday

2-3
Chair
exercise

4th Friday

2-3
Craft



5th Friday

2-3
Bingo

GEM Adult Day Services, Inc.

Phone: 252-480-3354

Mobile: 252-489-8751

E-mail: gsonnesso@gmail.com

Gentle Expert Memorycare

We thank our supporters:



Dear Community Friend,

This is a difficult time due to Covid and we are reaching out to share a way to connect with friends and enjoy fellowship and interesting programs via Zoom.

All are welcome and there is no cost. We will email you a Zoom link on Fridays for our GEMz programs.

To do this we will require your email address and you can email Gail at gsonnesso@gmail.com When we email you click on the link that comes in our email to you.

For those of you who might be unfamiliar with ZOOM Angelo is available to starting at 1:30 to guide you through the program. If you require further assistance please call Gail at 252-480-3354 and we will talk you through.

Gail and your GEM friends!